

Join us March 3—7, 2014 for National School Breakfast Week



Warm Pillsbury	Pillsbury Mini	Warm Apple or Cherry	Pillsbury Mini	Egg & Cheese	l
Mini—Cinnis	Maple Burst Pancakes	Pillsbury Frudel Strudel	Chocolate Chip Muffins	Breakfast Wrap	
Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	
Low Fat/Fat Free Milk	Low Fat/Fat Free Milk	Low Fat/Fat Free Milk	Low Fat/Fat Free Milk	Low Fat/Fat Free Milk	

Did You Know......

Breakfast is available to you EVERY DAY in your cafeteria?

That after sleeping all night, breakfast recharges our bodies and brains to help us feel good and think clearer?

That eating breakfast actually improves your metabolism and helps you lose or maintain a healthy body weight?



So.....TAKE TIME FOR SCHOOL BREAKFAST!

It's quick and easy - Breakfast REALLY is the most important meal of the day!